

# Degangi Berk Test Of Sensory Integration

**Degangi Berk Test of Sensory Integration** is a vital assessment tool used by occupational therapists and healthcare professionals to evaluate how children process and respond to sensory stimuli. This test is particularly significant in diagnosing sensory integration disorders, which can affect a child's ability to perform daily activities, learn effectively, and develop social skills. Understanding the Degangi Berk Test of Sensory Integration can help parents, educators, and clinicians identify sensory processing issues early, paving the way for targeted interventions and improved developmental outcomes.

## What Is the Degangi Berk Test of Sensory Integration?

The Degangi Berk Test of Sensory Integration is a standardized assessment designed to observe and measure a child's sensory processing abilities. It primarily focuses on how children respond to various sensory inputs, including tactile, vestibular, proprioceptive, and visual stimuli. Developed by Dr. Barbara Berk and colleagues, this test is especially used for children between the ages of 3 and 8 who may exhibit signs of sensory processing challenges. The test provides a comprehensive overview of a child's sensory integration skills, highlighting areas of strength and difficulty. It is often used in conjunction with other assessments to formulate an individualized treatment plan for children with sensory processing disorders or related developmental delays.

## Why Is the Degangi Berk Test of Sensory Integration Important?

Understanding the importance of the Degangi Berk Test of Sensory Integration underscores its role in early detection and intervention. Sensory processing issues can manifest in various ways, including hyper-responsiveness (over-sensitivity), hypo-responsiveness (under-sensitivity), or sensory seeking behaviors. Identifying these behaviors through standardized testing helps professionals develop strategies to support the child's development. Moreover, early diagnosis facilitated by this test can prevent secondary problems such as behavioral issues, academic difficulties, and social withdrawal. It also informs caregivers and educators about how to modify environments and activities to better support the child's sensory needs.

## Components of the Degangi Berk Test of Sensory Integration

The Degangi Berk Test involves a series of structured activities and observations that assess different sensory domains. These components include:

### 1. Postural Control and Balance

This component evaluates the child's ability to maintain posture and balance during various activities. It includes tasks such as standing on one foot or maintaining stability while reaching for objects.

### 2. Motor Planning and Coordination

Assessment of how well the child plans, sequences, and executes movement patterns. Tasks may involve copying specific positions or performing coordinated actions.

### 3. Tactile Processing

Evaluation of tactile sensitivity and discrimination through activities like feeling different textures or identifying objects by touch.

### 4. Vestibular Processing

Assessment of the child's response to movement and spatial orientation, such as rocking or swinging.

### 5. Proprioception

Observation of the child's awareness of body position and movement, often tested through joint positioning and weight-bearing activities.

## How Is the Degangi Berk Test of Sensory Integration Administered?

The assessment process involves a trained professional guiding the child through various activities designed to observe natural responses to sensory stimuli. The process typically includes:

1. **Preparation:** Establishing rapport with the child to ensure cooperation and comfort.
2. **Observation:** The therapist observes the child's reactions during structured tasks without providing direct feedback.
3. **Activities:** Engaging the child in play-based tasks that target different sensory modalities.
4. **Scoring:** The therapist notes behaviors, responses, and performance, often using standardized scoring criteria.

The entire assessment is designed to be engaging and non-intimidating for children, utilizing play and familiar activities to elicit natural responses.

## Interpreting the Results of the Degangi Berk Test

Once the assessment is complete, the results are analyzed to identify patterns of sensory processing. These may include:

### 1. Sensory Modulation Difficulties

Children may show signs of over-responsiveness or under-responsiveness, indicating difficulties in regulating responses to sensory input.

### 2. Sensory Discrimination Issues

Problems distinguishing between different stimuli, such as textures or sounds.

### 3. Sensory Integration Deficits

Challenges in coordinating sensory information to produce appropriate responses, affecting motor skills and behavior. Based on these findings, clinicians develop individualized intervention strategies aimed at improving sensory processing and integration skills.

## Benefits of the Degangi Berk Test of Sensory Integration

The test offers numerous benefits for children with sensory processing concerns, including:

1. **Early Detection:** Identifies sensory issues before they significantly impact development.
2. **Targeted Interventions:** Guides the development of personalized therapy plans.
3. **Monitoring Progress:** Allows tracking of improvements over time through repeat assessments.
4. **Enhanced Understanding:** Provides insights into a child's sensory profile, informing caregivers and educators.

## Integrating the Degangi Berk Test Into Child Development Programs

Incorporating the Degangi Berk Test of Sensory Integration into early childhood screening can be highly beneficial. It helps in:

### 1. Developing Sensory-Friendly Environments

Using assessment data to modify classroom or home settings to better support sensory needs.

### 2. Planning Therapeutic Interventions

Designing sensory integration therapy sessions tailored to individual challenges identified through the test.

### 3. Supporting Academic Success

Addressing sensory issues can improve focus, coordination, and learning outcomes.

## Limitations and Considerations

While the Degangi Berk Test is a valuable tool, it is important to consider its limitations:

1. **Requires Trained Professionals:** Proper administration and interpretation depend on specialized training.
2. **Subjectivity:** Observations may vary between evaluators; standardized scoring helps mitigate this.
3. **Complementary Assessments Needed:** Should be used alongside other diagnostic tools for a comprehensive understanding.

Furthermore, the test is most effective when combined with thorough developmental histories and parent or caregiver reports.

# Conclusion

The **Degangi Berk Test of Sensory Integration** is an essential assessment that provides valuable insights into a child's sensory processing capabilities. By systematically evaluating postural control, motor planning, tactile, vestibular, and proprioceptive processing, professionals can identify sensory integration challenges early on. This enables the development of targeted interventions aimed at enhancing motor skills, behavioral regulation, and overall quality of life for children with sensory processing difficulties. Early detection through the Degangi Berk Test can significantly impact a child's developmental trajectory, fostering better academic performance, social interactions, and daily functioning. If you suspect that a child may have sensory processing issues, consulting with a qualified occupational therapist to determine whether this assessment is appropriate can be a crucial step toward supporting their growth and well-being. For parents and caregivers, understanding the role of the Degangi Berk Test of Sensory Integration underscores the importance of proactive evaluation and intervention. With proper assessment and tailored strategies, children with sensory challenges can thrive and reach their full potential.

**Degangi Berk Test of Sensory Integration: An In-Depth Review and Analysis**

Sensory processing and integration are fundamental aspects of human development, influencing how individuals perceive, interpret, and respond to their environment. When these processes are disrupted, children may exhibit difficulties with motor skills, attention, behavior, and learning. To assess such challenges, clinicians rely on various standardized tools, among which the Degangi Berk Test of Sensory Integration (DBTSI) holds a prominent place. This comprehensive evaluation provides valuable insights into a child's sensory processing capabilities and guides therapeutic interventions.

**Introduction to Sensory Integration and Its Importance**

Understanding Sensory Integration Sensory integration is a neurological process that organizes sensation from one's own body and environment, enabling effective functioning in daily activities. It involves the brain's ability to receive, interpret, and respond appropriately to sensory stimuli such as touch, proprioception, vestibular input, visual cues, and auditory information. Proper sensory integration is essential for coordination, balance, attention, and social interaction.

**The Need for Standardized Assessment**

Children with sensory processing difficulties may demonstrate inconsistent responses to stimuli, hyper- or hypo-responsiveness, or challenges in motor coordination. To accurately identify and quantify these issues, clinicians require reliable, valid, and comprehensive assessment tools. The Degangi Berk Test of Sensory Integration is designed to fulfill this need, offering a structured approach to evaluating sensory processing in children, particularly those with developmental delays or suspected sensory integration dysfunctions.

**Overview of the Degangi Berk Test of Sensory Integration (DBTSI)**

**Historical Development and Purpose** Developed by Dr. Gerald Degangi and Dr. Esther Berk in the 1980s, the DBTSI was created to assess sensory integration functioning in children, especially those exhibiting motor delays or behavioral issues linked to sensory processing deficits. Its primary aim is to provide a standardized measure that captures the child's sensory-motor responses and integration skills.

**Target Population** The test is primarily designed for children aged 4 to 10 years, although some practitioners adapt its use for slightly younger or older children based on individual needs. It is particularly useful for children suspected of having sensory integration disorder, developmental coordination disorder, or other neurodevelopmental conditions such as Autism Spectrum Disorder.

**Test Structure and Components** The DBTSI comprises a series of subtests and observational items that evaluate various aspects of sensory processing and motor planning. These include assessments of:

- Postural control and balance
- Motor planning and coordination
- Response to sensory stimuli (tactile, vestibular, proprioceptive)
- Visual-motor integration

The test can be administered in a clinical setting through direct observation, standardized tasks, and caregiver interviews, providing a multidimensional profile of the child's sensory-motor functioning.

**Administration and Scoring**

Procedures Preparation for Testing Prior to administering the DBTSI, clinicians review the child's medical and developmental history, observe initial behaviors, and prepare a conducive environment. The child's comfort and engagement are crucial for obtaining valid results. Testing Protocol The administration involves several standardized activities, such as: - Balance tasks (e.g., standing on one leg) - Motor imitation tasks - Responses to tactile stimuli (e.g., brushing or tapping skin) - Movement responses to vestibular challenges (e.g., swinging or spinning) - Visual-motor tasks (e.g., copying figures or following lines) The clinician observes and records the child's responses, noting qualities such as speed, accuracy, stability, and behavioral reactions. Scoring System The DBTSI employs a scoring rubric that typically includes: - Quantitative scores based on performance accuracy and consistency - Qualitative observations of behaviors and responses - A cumulative score indicating overall sensory integration functioning Scores are then compared to normative data, which facilitates interpretation relative to developmental expectations. Interpretation of Results Normative Data and Cut-off Scores The test provides normative data derived from a representative sample of children within the target age range. Scores falling below certain thresholds suggest potential sensory integration challenges. Profile Analysis Beyond the total score, the DBTSI allows for analysis of specific subdomains, helping clinicians identify particular areas of difficulty, such as: - Tactile defensiveness - Vestibular over-responsiveness - Poor motor planning - Balance impairments This detailed profile informs targeted intervention strategies. Limitations and Considerations While the DBTSI offers valuable insights, clinicians must consider factors such as: - Variability in child's motivation and attention - Presence of comorbid conditions - Cultural and environmental influences on responses - The need for complementary assessments for a comprehensive understanding Clinical Applications and Utility Diagnostic Clarity The DBTSI assists in confirming or ruling out sensory integration dysfunctions, supporting diagnosis alongside other clinical evaluations. Intervention Planning By identifying specific sensory-motor deficits, therapists can tailor interventions that focus on improving sensory processing, motor coordination, and functional skills. Monitoring Progress Repeated administration over time helps track developmental changes and the effectiveness of therapy programs. Comparative Analysis with Other Sensory Integration Tests Strengths of the DBTSI - Standardized administration and scoring - Focus on both sensory responses and motor skills - Suitable for a broad age range - Incorporates observational and interactive components Limitations and Challenges - May require specialized training to administer and interpret - Less comprehensive than some newer, more detailed assessments - Cultural adaptability may vary Alternatives and Complementary Tools Other assessments include the Sensory Integration and Praxis Tests (SIPT), the Sensory Profile, and the Miller Function and Participation Scales. Each offers unique perspectives, and the DBTSI's role is often as part of a battery of evaluations. Research Evidence and Efficacy Numerous studies have supported the reliability and validity of the DBTSI, demonstrating its sensitivity in detecting sensory integration issues. Its utility has been recognized in both clinical and research contexts, contributing to evidence-based practices in pediatric occupational therapy. Future Directions and Innovations Emerging research explores integrating technology into sensory assessments, such as virtual reality or sensor-based analysis, which may enhance the objectivity and richness of data. The DBTSI remains relevant as a foundational tool, but ongoing developments aim to refine assessment precision and applicability. Conclusion The Degangi Berk Test of Sensory Integration is a vital instrument in the evaluation of sensory processing and motor integration in children. Its structured approach, combining standardized tasks and observational insights, enables clinicians to identify specific deficits and develop targeted intervention strategies. While it has certain limitations, its contribution to understanding sensory-motor functioning is significant, especially when used in conjunction with other assessment tools. As research advances, the DBTSI continues to evolve, supporting the goal of optimizing developmental outcomes for children with sensory integration challenges. References (Note: For actual use, include relevant scholarly articles, manuals, and clinical guidelines related to the DBTSI and sensory integration assessments.)

Access to ***Degangi Berk Test Of Sensory Integration*** has quietly reshaped how people relate to written knowledge. Reading is no longer confined to fixed schedules or specific places. Instead, it adapts to personal routines, individual curiosity, and changing priorities.

What stands out most is control. Readers decide when to start, where to pause, and which parts deserve more attention. This sense of control often leads to better focus and stronger retention, especially when dealing with complex or layered material.

Unlike traditional reading habits that demand long, uninterrupted sessions, downloadable books support flexible engagement. A chapter can be explored briefly, revisited later, and reflected upon over time. Understanding develops gradually, shaped by repetition rather than pressure.

The reliability of PDF format reinforces this experience. Layout, diagrams, and references remain intact across devices. Readers encounter the same structure each time, allowing ideas to feel familiar and easier to navigate. This stability is particularly valuable for academic, instructional, and reference-based content.

Interaction further deepens involvement. Highlighting key passages or writing marginal notes turns reading into an active process. Over time, the book reflects the reader's evolving understanding, capturing insights that may not surface during a single reading.

Search functionality adds practical value. Readers do not need to rely on memory alone. Important sections can be located instantly, making the book useful both for study and quick consultation. This efficiency encourages repeated use rather than one-time consumption.

Legitimate platforms play a vital role in maintaining quality and trust. Libraries, open-access repositories, and academic institutions provide carefully curated collections. By relying on these sources, readers ensure accuracy while supporting responsible distribution.

Affordability expands opportunity. When financial barriers are reduced, exploration increases. Readers are more willing to engage with unfamiliar subjects, discover new perspectives, and broaden their intellectual range without hesitation.

For students, this access supports consistent learning habits. Materials remain available beyond classroom hours, allowing concepts to be reinforced at a comfortable pace. Notes and highlights stay organized, helping structure revision and review.

Professionals use downloadable books differently. They approach them as tools rather than assignments. Sections are consulted as needed, insights applied directly, and references revisited when challenges arise. Learning integrates naturally into work routines.

Personal development also benefits. Reading becomes less about completion and more about reflection. Ideas are allowed to linger, connect, and mature. Over time, this leads to a deeper relationship with the subject matter.

Accessibility features quietly increase inclusivity. Adjustable display options and reading assistance tools ensure

that more people can engage comfortably. Knowledge becomes easier to approach without drawing attention to limitations.

Organization supports continuity. A personal library grows alongside interests, preserving progress and context. Returning to a familiar book feels seamless, even after long breaks.

There is also a shift in mindset. When access is consistent, learning feels less urgent and more intentional. Readers engage because they want to, not because they must.

Global availability further enriches the experience. People from different backgrounds interact with the same material, bringing diverse interpretations and insights. This shared access strengthens the collective value of knowledge.

Over time, books stop feeling temporary. They remain available as references, reminders, and sources of renewed understanding. The relationship extends beyond a single reading session.

Downloading **Degangi Berk Test Of Sensory Integration** supports this evolving relationship. It respects how people learn, adapt, and revisit ideas. The book remains present without demanding attention, ready whenever curiosity returns.

What develops is not just familiarity with content, but confidence in learning itself. The reader knows that understanding can grow gradually, shaped by patience and repeated engagement.

And in that steady rhythm—open, pause, return—knowledge finds its place naturally.

## Questions & Answers About degangi berk test of sensory integration

| No | Question                                                         | Answer                                                                                                                                                                                                                 |
|----|------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1  | What is the Dergangi Berk Test of Sensory Integration?           | The Dergangi Berk Test of Sensory Integration is an assessment tool designed to evaluate how individuals process and respond to sensory stimuli, helping identify sensory integration issues.                          |
| 2  | Who can benefit from the Dergangi Berk Test?                     | Children and adults suspected of having sensory processing disorders, autism spectrum disorder, or other neurological conditions can benefit from this test to better understand their sensory integration challenges. |
| 3  | How is the Dergangi Berk Test administered?                      | The test involves a series of guided activities and observations where the practitioner assesses responses to various sensory stimuli, often in a controlled environment.                                              |
| 4  | What are the main components assessed in the Dergangi Berk Test? | It evaluates sensory modalities such as tactile, vestibular, proprioceptive, visual, and auditory processing, as well as the individual's ability to integrate these senses.                                           |

|   |                                                                                                  |                                                                                                                                                                                                |
|---|--------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 5 | How does the Dergangi Berk Test differ from other sensory integration assessments?               | This test is distinguished by its specific focus on functional responses to sensory stimuli and its standardized approach, making it a reliable tool for diagnosing sensory processing issues. |
| 6 | Are there any prerequisites or preparations needed before taking the Dergangi Berk Test?         | Typically, no special preparation is required. However, practitioners may recommend avoiding certain medications or activities that could influence sensory responses prior to testing.        |
| 7 | What are common indicators of sensory integration problems identified by the Dergangi Berk Test? | Indicators include over-responsiveness or under-responsiveness to stimuli, difficulty with motor coordination, and challenges in maintaining attention during sensory tasks.                   |
| 8 | Can the Dergangi Berk Test be used to track progress over time?                                  | Yes, administering the test periodically can help monitor changes in sensory processing and the effectiveness of interventions or therapies.                                                   |
| 9 | Is the Dergangi Berk Test suitable for all age groups?                                           | While primarily designed for children, adaptations of the test can be used for adolescents and adults to assess sensory integration issues across different age groups.                        |

degangi berk test, sensory integration assessment, sensory processing disorder, neurodevelopmental evaluation, sensory function testing, neuropsychological assessment, sensory dysfunction diagnosis, pediatric sensory testing, neurological examination, sensory-motor integration

# Degangi Berk Test Of Sensory Integration

## eBook Resource

Degangi Berk Test Of Sensory Integration eBooks provide structured digital knowledge.

### Core Discussion

Digital books help readers maintain productivity.

### Practical Use

Degangi Berk Test Of Sensory Integration eBooks support consistent study routines.

### Conclusion

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Degangi Berk Test Of Sensory Integration eBooks allow readers to engage deeply with subjects.

Degangi Berk Test Of Sensory Integration eBooks encourage methodical learning approaches.

Degangi Berk Test Of Sensory Integration eBooks fit naturally into disciplined study routines.

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Professionals rely on Degangi Berk Test Of Sensory Integration eBooks to maintain relevance in rapidly evolving

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Degangi Berk Test Of Sensory Integration eBooks represent a shift in how information is consumed, prioritizing convenience, efficiency, and adaptability in modern learning environments.

Accurate reference improves outcomes.

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Standardization ensures consistent understanding.

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Beyond legal requirements, ethical considerations play an important role. Sharing unauthorized copies can harm authors and publishers by reducing potential income and discouraging future content creation. Supporting legal distribution ensures that high-quality Degangi Berk Test Of Sensory Integration materials continue to be produced and updated. Ethical sharing builds trust and sustainability within reading and learning communities.

### **Finding Reviews**

Reading reviews is one of the most effective ways to choose the best edition of Degangi Berk Test Of Sensory Integration. With many versions, formats, and publishers available, reviews help readers avoid low-quality or poorly formatted editions and focus on content that meets their expectations.

Online bookstores often feature customer reviews and ratings that provide insights into readability, formatting quality, and overall satisfaction. Paying attention to detailed reviews can reveal common issues such as missing pages, poor editing, or compatibility problems with certain devices. Reviews that mention specific strengths or weaknesses are especially useful when selecting a digital version of Degangi Berk Test Of Sensory Integration.

Community-driven platforms such as Goodreads, Reddit, and specialized forums offer additional perspectives. These communities allow readers to discuss content in depth, compare editions, and share personal experiences. Recommendations from experienced readers or subject-matter enthusiasts can be particularly valuable when choosing educational or technical Degangi Berk Test Of Sensory Integration materials.

Professional reviews from blogs, academic journals, or reputable websites can also provide objective

evaluations. These reviews often focus on content accuracy, relevance, and usefulness, making them helpful for students and professionals who rely on reliable information.

### **Evaluating review credibility**

Not all reviews carry the same level of reliability. When reading reviews, consider the reviewer's background, level of detail, and consistency with other feedback. Multiple reviews highlighting similar strengths or weaknesses usually indicate a genuine pattern. Avoid relying solely on extreme opinions and instead look for balanced assessments that discuss both pros and cons of the Degangi Berk Test Of Sensory Integration edition.

### **Using Audiobooks**

Audiobooks offer an alternative way to experience Degangi Berk Test Of Sensory Integration content and are increasingly popular among modern readers. Instead of reading text, users listen to narrated versions, allowing them to engage with content while performing other tasks. Audiobooks are especially useful during commuting, exercising, or completing routine activities.

Platforms such as Audible, Google Audiobooks, Apple Books, and Scribd offer professionally narrated audiobooks of many Degangi Berk Test Of Sensory Integration titles. These versions often feature high-quality narration, clear pronunciation, and structured pacing that enhances understanding. Some audiobooks also include chapter navigation, bookmarks, and playback speed controls for added convenience.

For public domain works, platforms like LibriVox provide free audiobooks narrated by volunteers. While narration quality may vary, LibriVox remains a valuable resource for accessing classic or open-access versions of Degangi Berk Test Of Sensory Integration without cost. Listening to samples before committing to a full audiobook can help ensure a comfortable listening experience.

Audiobooks are particularly beneficial for auditory learners or individuals with visual impairments. They also help reduce screen time, making them a healthy alternative for extended content consumption. However, audiobooks may not be ideal for detailed study that requires frequent referencing, highlighting, or visual analysis.

### **Combining audiobooks with text**

Many readers find value in combining audiobooks with digital or printed text. Listening while following along in the text can improve comprehension and retention. Others use audiobooks for initial exposure and then refer to the text version of Degangi Berk Test Of Sensory Integration for deeper study. This multi-format approach maximizes flexibility and learning efficiency.

### **Tracking Progress**

Tracking reading progress is a powerful way to stay motivated and organized when engaging with Degangi Berk Test Of Sensory Integration. Monitoring progress helps readers set goals, manage time effectively, and reflect on what they have learned. Whether reading for leisure, study, or professional development, tracking tools enhance accountability and consistency.

Apps such as Goodreads, StoryGraph, and LibraryThing allow users to log books, track reading status, write reviews, and set annual or monthly reading goals. These platforms also offer personalized recommendations based on reading history, making it easier to discover related Degangi Berk Test Of Sensory Integration



materials.

For readers who prefer a more customized approach, spreadsheets or note-taking apps can serve as effective tracking tools. Creating a simple reading log that includes dates, chapters completed, key notes, and personal reflections helps organize learning and maintain focus. Digital notes can be linked directly to highlighted sections within Degangi Berk Test Of Sensory Integration for easy reference.

### **Using tracking for study and research**

For academic or professional purposes, tracking progress goes beyond simple completion. Recording insights, questions, and references while reading Degangi Berk Test Of Sensory Integration creates a structured knowledge base that can be revisited later. This approach supports deeper understanding and improves long-term retention of information.

Tracking tools also help identify patterns in reading habits, such as preferred formats or optimal reading times. Understanding these patterns allows readers to adjust their routines for better productivity and enjoyment.

### **Community engagement and motivation**

Sharing progress within reading communities can increase motivation and accountability. Many platforms allow users to join reading challenges, discussion groups, or book clubs centered around specific topics or genres. Engaging with others who are also reading Degangi Berk Test Of Sensory Integration fosters discussion, insight exchange, and a sense of shared purpose.

However, sharing progress should always respect privacy preferences. Users can choose what information to make public and what to keep personal. Balanced participation ensures that tracking remains a supportive tool rather than a source of pressure.

### **Final thoughts on sharing and managing Degangi Berk Test Of Sensory Integration**

Responsible sharing, informed selection, and effective tracking are key aspects of enjoying Degangi Berk Test Of Sensory Integration in the digital age. By respecting copyright, relying on trusted reviews, exploring audiobooks, and monitoring reading progress, readers can create a well-rounded and ethical reading experience. These practices not only enhance personal understanding but also contribute to a sustainable and supportive reading ecosystem built around high-quality Degangi Berk Test Of Sensory Integration content.